

GENERAL CONCLUSIONS TO THE NATIONWIDE CLINICAL SURVEY OF RESPONSES BY A SAMPLE OF PARTICIPANTS IN THE CYSTITIS RESEARCH MONITORING PROGRAM:

The survey results show the efficacy of Dr. Paul Fugazzotto's Cystitis Research Center monitoring program of individuals with pelvic symptoms/IC. **Sixty-eight percent (68%) of the respondents showed symptom reduction taking the CRC suggested antibiotics within "DAYS" and/or**

"SIX MONTHS." If there was a problem with the antibiotic being taken or the dosages taken, **78% of those who made the suggested changes found them to be helpful. It was learned from this survey that the *average continuous time using CRC suggested antibiotics was 18 months*, not the years and years that many IC patients have heard or felt would be necessary in order to rid their bodies of IC bacteria. It was also learned that the *average age of onset for pelvic symptoms/IC was 36-1/2 years* as opposed to the accepted thinking that most IC patients are middle-aged and either perimenopausal or menopausal.**

Sixty percent (60%) of those who stayed with the CRC monitoring program now feel their bladders are HEALED, have only slight symptoms needing occasional antibiotic usage or no longer feel they need antibiotics at all.

Seventy-two percent (72%) ranked the CRC monitoring program "fair" to "excellent."

Seventy-eight percent (78%) felt their pelvic symptoms/IC were LESS in all categories while under the CRC monitoring program.

Eighty-two percent (82%) said they would and have recommended the CRC monitoring program to others.

Sixty-nine percent (69%) reported they had complete remissions in their symptoms anywhere from two weeks (1) to four or five years. When asked if they were currently symptom-free, forty-nine percent (49%) said they were.

Also encouraging was the fact that **eighty-two percent (82%) of the respondents had implemented dietary controls and found them to be helpful.** Interestingly, however, sixty-one percent (61%) did NOT think they had food, drug, chemical sensitivities or other types of allergies that caused them problems in their treatments. And an impressive **eighty-seven percent (87%) reported that they do take vitamin/mineral supplements to help them improve their overall health.**

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